

Sheffield City Trust

Person Specification



Job Title: Fitness Team Leader

Selection Criteria:

CRITERIA	STANDARD	ESSENTIAL/ DESIRABLE	MEASURED BY	
Qualifications	Gym Instructor level 2	Essential	Application	
	Personal trainer level 3	Desirable	Application	
	Exercise to music level 2	Desirable	Application	
Work Experience	Experience managing a team.	Essential	Application and interview	
	Experience working in a fitness or leisure environment.	Essential	Application and interview	
	Experience of working with customers and being able to manage and form relationships at all levels	Essential	Application and interview	
	Experience of working on your own initiative and as part of a team.	Essential	Interview	
	Experience delivering fitness classes.	Essential	Interview	
	Knowledge	Knowledge of the fitness and leisure industry.	Desirable	Interview
		Knowledge of personal training.	Desirable	Interview
Knowledge of group ex timetables and programming		Desirable	Interview	
Skills	Exceptional Organisational skills	Essential	Interview	
	Excellent IT skills, including word and excel	Essential	Interview	

	Excellent communication skills	Essential	Interview
	Excellent leadership skills	Essential	Interview